

Recess

- Snack items cannot be ordered, but rather the children can purchase at the counter
- ice-blocks are not available at recess
- Items on the menu are not always available, options change daily

Red Rock Deli Chips.....	\$1.30
Popcorn – Freshly Popped.....	from 20c
Fresh Fruit.....	20c
Apple slinkies.....	20c
Garlic Bread.....	\$1.00
Fruit muffin.....	50c
Melt (Baked bean or spaghetti).....	\$1.50
Pikelets, plain.....	40c
Chicken Wings.....	\$1.00
Chicken Garlic Balls.....	\$1.00

Extras

Brown bag for lunch order.....	10c
Spoons- extra.....	5c

The Uki P&C are committed to providing our students with a healthy, nutritious recess and lunch, in accordance with the NSW Healthy School Canteen Strategy.

The Canteen Strategy is categorised into 2 groups, Everyday and Occasional, With the aim to support student health by providing access to healthy foods and drinks. We are required to have fully transitioned to the Strategy by the end of 2019, so each year we will be changing the menu just a little so as to transition gradually. This first year we have only removed the foods that were non-compliant.

The canteen will also have special menu days such as sushi day, burger day, spaghetti day, taco day etc which will be advertised in the newsletter.

Our canteen is run entirely by volunteers and requires many hands to make this great service function. New volunteers are always welcome. The children always enjoy seeing you helping out in our school.

Thank you for supporting our canteen. All monies raised will go back into our school to purchase resources, technology and books for every student to enjoy.



UKI PUBLIC SCHOOL

P&C

CANTEEN MENU

2018

RECESS: 10:25am-10:45am

FRUIT BREAK: 11:50pm– 12:15pm

LUNCH: Orders only; canteen closed

Please print clearly on BOTTOM HALF of bag; your child's name, class, order and amount. Alternatively StickyBeaks reusable lunch bags are available from purchase in the uniform shop.

Sandwiches, Wraps, Rolls and Toasties

- All Bread, rolls and wraps are Wholemeal
- Please specify if you would prefer no margarine

Please Choose From:

lettuce	avocado	ham
tomato	beetroot	chicken
cucumber	capsicum	egg
carrot	red onion	cheese

Add a sauce for FREE:

mayo
tomato sauce
bbq sauce
sweet chilli sauce
mustard

1 Filling.....\$2.00
2 Fillings.....\$2.50
3 Fillings.....\$3.00

All extras.....50c EACH
Toasting (Please specify).....FREE

Salad Filling.....\$3.00
(lettuce, tomato, cucumber and carrot)
ADD EXTRA.....50c EACH
(ham, chicken, egg, cheese, OR avo)

Salads

Uki Salad Bowl.....\$3.00
(Lettuce, tomato, cucumber, carrot, capsicum)

Caesar Salad.....\$3.00
(Lettuce, ham, egg, cheese, croutons, dressing)

Greek Salad.....\$3.00
(Cucumber, tomato, red onion, cheese, olives, dressing)

Pasta Salad.....\$3.00
(Pasta, lettuce, tomato, cucumber, cheese, mayo)

ADD chicken, ham, egg, avo.....50c EACH

Drinks

Bottled Water.....\$1.00

Apple/Apple & Blackcurrant/Orange Juice...\$1.70

300ml Plain Milk.....\$1.50

Banana/Chocolate/Strawberry Milk.....\$1.70

Sipahh Straw & Milk bottle.....\$2.00
(choc mint, chocolate, cookies & cream)

Frozen Treats

- *Only sold during fruit break.*
- *All frozen treats ordered on lunch bags will be served at fruit break*

Fruit Tube (Quelch).....60c full
30c half

Frozen Yoghurt\$2.00
Mango or Strawberry

Hot Food

Garlic Bread.....\$1.00

Chicken Garlic Ball.....\$1.00

Chicken Wing.....\$1.00

Hash Brown.....\$1.00

Baked Potato.....\$3.50

(Baked Bean & Cheese)
(Avo, Salsa & Greek Yoghurt)
(Fried ham, Cheese & Greek Yoghurt)

Chicken Burger.....\$3.50

Beef Burger.....\$3.50

Party Pie.....\$1.00

Meat Pie – Traveller\$3.00

Sausage Roll.....\$2.50

Spinach & Cheese Roll.....\$3.00

Lite Apple Pie.....\$2.00

Homemade Pizza.....\$2.70
(Ham & Pineapple or Margarita)

Homemade Beef Lasagne.....\$4.50

Homemade Spinach & Ricotta Cannelloni....\$4.50

Nachos'.....\$5.00
(corn chips, salsa, refried beans, cheese, greek yoghurt & avocado)

Egg Muffin.....\$3.00
(with Cheese or Ham)

Hot Dog.....\$2.50
(Plain or Vegetarian)

with Sauce.....\$2.70

with Sauce & Cheese.....\$3.00